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EdgeDiamond Utopia™: Enhancing Efficiency and Safety in Endodontics

For Steven Kalendariov, DDS, modern endodontics is not just a treatment modality—it's a personal passion and professional calling. With a unique background in applied mathematics and a strong foundation from NYU College of Dentistry, Kalendariov has dedicated his practice to refining his skills in root canal therapy.

“My interest in dentistry sparked when I had a summer job assisting at a local dental office in high school,” the clinician says. “I realized how versatile the profession was. Whether it's helping someone out of pain or giving them a smile they're proud of, dentistry offered a way to make a real difference.”

It was during a general practice residency at Woodhull Hospital Medical Center in Brooklyn where Kalendariov discovered how much he enjoys endodontics. “I've continued to grow by becoming active with the American Association of Endodontists and connecting with specialists from all over the world,” the Queens, New York, practitioner says.

One of Kalendariov's go-to tools is the EdgeDiamond Utopia™ file system from EdgeEndo. “The EdgeDiamond Utopia sets up my workflow with accuracy and proficiency. With the multi-file system, I don't get caught up with ledges or inaccuracies during shaping. The progressive and regressive tapers allow for smooth canal preparation without complications.”

Kalendariov calls the continuously changing cross-sections of the rotary files “unparalleled” in endodontics. “The diamond geometry along the blade makes it a unique file system to aid in root canal therapy. The files excel in their cutting efficiency and flexibility, especially in challenging anatomies,” he states.

He also notes how these files reduce instrument breakage. “EdgeEndo's FireWire Blaze Heat-Treatment increases flexibility and fatigue resistance,” he says. “This means less worry about file separation, better navigation through curved canals, and a much safer overall procedure, along with improved cutting ability of the files.”

Chairtime and workflow, in turn, also benefit. “The aggressiveness of the file system, along with the precision cutting of the blade, makes instrumentation a breeze,” Kalendariov says, adding that the diamond-coated tips combined with the heat-treated nickel-titanium alloy enhance efficiency.

“The combination of the slim taper with the cutting efficiency of the slider file allows for easier and more efficient canal negotiation to the apex—eliminating the frustration often associated with traditional hand files,” Kalendariov suggests. “I fill the chamber with my irrigation and let my slider file do the work, with gentle 2 mm to 3 mm strokes per canal. The EdgeDiamond series files give the clinician confident tactile feel and are versatile in any case, complex or simple.”

“I've been using EdgeEndo products for years and highly recommend them to any clinician who wants to upgrade their endo game,” he attests. Readers can follow Kalendariov's clinical work utilizing EdgeEndo products on Instagram and TikTok @dr.kale_endo.

To request a product for evaluation, complete the form available at EdgeEndo's Product Evaluation page: <https://edgeendo.com/product-evaluation/>.



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